‘USING THE POWER OF SPORT TO PROMOTE LIFELONG LEARNING’
CONTENTS

About us 3
Where You Will Study and Play 4
Academic Qualifications 5-7
Sports Academies 8-10
Higher Education 11-12
Apprenticeships & Traineeships 13
Meet the Team 14
Progression Routes & How to Apply 15
At Rotherham United Community Sports Trust our Education Academy deliver a number of high quality academic programmes of study in Further and Higher Education. We pride ourselves on excellence by ensuring that all of our teachers are fully qualified and provide learners with the latest resources and technology, in order to enhance learning.

Based at the New York Stadium, we boast state of the art classrooms and health space as well as having access to a range of practical facilities in the local area.

The various study programmes combine academic studies with a practical sporting experience and are aimed at young people who have a passion for sport and a desire to progress to University or employment within the sporting industry.

Students who enrol on to any of the courses have the unique opportunity to train and play various sports competitively on a weekly basis against other professional clubs and athletes.

We currently offer a number of courses and programmes in the form of:

**Further Education**
- Level 1 BTEC ‘Sport & Active Leisure’ (1 Year Full-time)
- Level 2 NCFE Diploma ‘Sport’ (1 Year Full-time)
- Level 3 BTEC Extended Diploma ‘Sport Performance & Excellence’ (2 Years Full-time)

**Higher Education**
- Foundation Degree in Community Football Coaching and Development
- BSc (Hons) Football Coaching, Development and Administration (Top Up)

**Alternative Education/Provisions**
- Traineeships
- Apprenticeship
We have a brand new state of the art facility, ‘The Goal Zone’ which is situated within The New York Stadium and boasts 3 classrooms and a health space, which is used to carry out a range of fitness and physical exercise sessions.

Our practical space is located at Parkgate Astro and consists of 3 3G pitches which are used for the training and coaching elements of our programmes.

Futsal fixtures are played at the English Institute of Sport, Sheffield and the International Futsal Arena in Birmingham.

Football fixtures are played at Dearne Valley College, which boasts a newly-resurfaced FIFA 2 star synthetic AstroTurf pitch.

Our students are fortunate enough to have the opportunity to play football on the hallowed turf of Rotherham United in the New York Stadium.
This qualification is designed to help learners understand the skills and knowledge needed to work in the sports industry. They will be encouraged to demonstrate their skills and knowledge through participation in a wide range of sport and active leisure activities.

The objective of the qualification is to provide learners with the opportunity to develop a range of sporting skills and techniques, personal skills and attributes essential for successful performance in working life.

**Example Units**

- How the Body Works
- Working in Sport & Active Leisure
- Planning Fitness Programmes

**Entry Requirements**

No prior knowledge, understanding or qualifications are required in order to enrol onto this BTEC course. We simply ask that students are motivated to achieve a career in sport, and demonstrate a passion for Sport and Active Leisure.
LEVEL 2 NCFE DIPLOMA ‘SPORT’

This qualification is aimed at learners who are passionate about furthering their experience within the sports industry. This is a one-year work-related course where you learn by completing projects and assignments that are based on realistic workplace situations, activities and demands.

You will be expected to complete a work placement within the sports industry, which could potentially lead to further employment opportunities as well as continuing to study English & Maths.

**Example Units**

- Anatomy and Physiology
- Sports Nutrition
- Fitness Testing and Training
- Sports Coaching

**Entry Requirements**

Four GCSE grades at 3 including English language or equivalent. We also ask that students are motivated to achieve a career in sports industry.
The Level 3 Extended Diploma is a two-year programme developed to cover the core elements of sporting performance and excellence such as Anatomy, Physiology, Coaching, Psychology and Analysis. The course is equivalent to 3 A-Levels and particularly suits those wanting to enter employment in the sports industry as sport coaches, physio’s, sports scientists and for those wishing to progress to higher education to study a sport related degree such as coaching, sports therapy and sports science.

The Level 3 Extended Diploma consists of 19 units of learning delivered over 2 years of study.

Example Units

- Fitness Training and Programming
- Fitness Testing for Sport and Exercise
- Psychology for Sports Performance
- The Athlete’s Lifestyle
- Sports Injuries
- Talent Identification and Development in Sport
- The Physiology of Fitness
- Sports Nutrition
- Technical and Tactical Skills in Sport
- Sports Coaching
- Analysis of Sports Performance
- Principles of Anatomy and Physiology in Sport

Entry Requirements

Four GCSE grades at 4 or above including English and Maths. We also ask that students are motivated to achieve a career in sports industry.
Students who enrol onto any of the courses have the unique opportunity to train and play sport competitively on a weekly basis against other professional clubs and athletes. Students at the Education Academy have the opportunity to choose one of 3 playing opportunities or alternatively a Sports Coach Academy alongside their education study delivered at the Trust:

- Football/Futsal Academy
- Rugby Academy
- Hockey Academy
- Sports Coaching Academy

FOOTBALL / FUTSAL ACADEMY

Rotherham United Education Academy, the only official Rotherham United Education Programme allows learners to represent Rotherham United in the EFL Trust Futsal & Football League (male & female). They will also compete in the EFL Cup competition which can see them play at England’s training headquarters St George’s Park.
A Hockey and Education Academy has been launched in tandem with Rotherham Hockey Club. The Hockey scholars will have the opportunity to represent Rotherham’s U18s in the Yorkshire Hockey Association League and cup competitions.

Students will benefit from a player development programme consisting of weekly training sessions, strength and conditioning and competitive fixtures, all under the leadership of highly qualified Hockey coaches.

A Rugby and Education Academy has been launched in partnership with Rotherham Titans. The rugby scholars will have the opportunity to represent Titans U18s in the Yorkshire Colts League and the National Colts competition.

Students across all sports will benefit from a player development programme consisting of weekly training sessions, strength and conditioning and competitive fixtures, all under the leadership of highly qualified Rugby coaches.
Our Sports Coaching Academy aims to build the professional knowledge and technical skills of sports coaches to work within the sports industry. Students who choose this option will have the opportunity to undertake various sports coaching qualifications including FA Level 1, FA Level 2 and Futsal Level 1 as well as qualifications across different sports. This Academy is perfect for those who have ambitions to progress into sports coaching jobs as a career path.

In addition to the course requirements, the Education Academy provides students with a diverse range of enrichment activities throughout the academic year including the mandatory requirement to attend our National Citizen Service (NCS) programme. The NCS programme gives you 4 days away from home, 3 days learning new skills and 30 hours of social action helping your community. It’s a week where you’ll get to meet amazing new people, experience exhilarating outdoor activities and nail down the skills you’ll need for your future. Other activities range in size and scale and most recent trips include:

- International Football Tours
- Trip to National Football Museum
- Outdoor Expeditions
- Residential
- Body Power Experience
Rotherham United Community Sports Trusts two-year Foundation Degree programme is a course designed for individuals wanting to obtain a university qualification and who are passionate about pursuing a career in the football and the sporting industry. The course allows students to develop the necessary skills, qualities and characteristics that are required to work within professional football club community departments or national governing bodies.

This course is delivered in partnership with the University of South Wales, all lectures, seminars and tutorials are delivered in a supportive and inspirational club environment via online platforms. Alongside the academic element of the course, students will be required to complete up to 200 hours of voluntary coaching within the community, alongside the Community Trust and academy staff. This allows students to embed and develop the coaching techniques learnt within lectures.

Through the Trust’s partnership with University of South Wales, all students will be enrolled as a student at the university. Students will be able to access the university’s online library, blackboard and learning materials, providing them with the best possible learning platform to excel within.
Specifically designed for students who have already obtained a football-related Foundation Degree or equivalent qualification, the BSc (Hons) Football Coaching, Development and Administration (Top Up) allows you to gain a full Bachelor of Science degree in less than a year.

This unique football coaching course focuses on both the football and business-related knowledge needed to develop professionals for the football industry. You will consolidate your learning and start to specialise your work-based learning experience in line with your career ambitions. Developed in partnership with University of South Wales, this football coaching course allows you to study and gain work placements across the globe.
At Rotherham United Community we run Work Based / Employability training (Traineeships) which provides people with the opportunity to enhance their skills and knowledge in a sports setting. We have two routes for those aged 16 – 18 or 19 – 24 and not in education, employment or training.

“Thousands of young people have got their careers off to a flying start and many have got their dream jobs thanks to football traineeships.”

English Football League

This is a fantastic opportunity to gain work experience and learn new skills, offering career progression paths within a sport and leisure environment. You will spend 30 hours a week at RUCST where you will get the chance to shadow professional members of club staff and community officers.

After successfully completing 12 weeks of employability skills, leadership qualifications and work experience, you will have the opportunity to progress further with Rotherham United Community Sports Trust either in employment or education.

The Coach Apprentice programme, developed in partnership with RNN group, provides opportunities for 16-18 year olds the chance to immerse themselves in the world of sports coaching.

As well as gaining experience and developing coaching skills in live environments, apprentices will work towards a number of industry-relevant qualifications including the FA Level 1 and Level 2 qualification.

Apprentices receive a weekly salary in line with the national apprentice wage for 30 hours of work, and enjoy a host of additional benefits and incentives.
MEET THE TEAM

James Mahoney – Education Manager

James joined the Trust in 2018 as Education Manager and is responsible for the design, implementation and development of all educational programmes that the Education Academy offers. James graduated in 2009 studying Sports Science with Professional Football Coaching and has since worked at several professional football clubs in various coaching and teaching roles. Away from Rotherham United James enjoys various part-time roles in sport including leading an academy age group at a professional Football Club alongside currently undertaking the ‘UEFA A’ License Coaching Qualification.

Kirsty Maxey – Assistant Education Manager

Kirsty has worked at Rotherham United since 2015, working across various roles within the Trust. Kirsty is now the Assistant Education Manager and is responsible for the design of the curriculum across all study programmes as well as quality assurance and student welfare. Alongside this Kirsty also teaches across the Level 1 BTEC qualification, apprenticeship programme and Foundation Degree. Kirsty has a degree in Sports Coaching and Health, Exercise and Sports Science and specialises in Psychology and Nutrition. Kirsty has a passion for Youth Development and engagement and is involved in fostering with the local authority.

Steph Morris – Sports Tutor

Steph has worked within sport and education for over 4 years, teaching BTEC qualifications and specialising in units such as Psychology and performance analysis. Steph graduated from the University of Lincoln with a BSc (hons) in Sports development and exercise science and has recently finished her MSc in Applied Sport and exercise science at Sheffield Hallam University. Steph is a keen Hockey player and currently represents her local team.

Bradley Lyddon – Sports Tutor

Originally from west London, Bradley attended Bournemouth University achieving a degree in Sport Psychology and Coaching Sciences before going to Brunel and qualifying as a PE teacher in 2010. He is now starting his 9th year as an education tutor. Bradley has a Rugby background and has played county standard rugby at schoolboy level for Middlesex.

John Whitehead – Sports Tutor

John has previously worked at various professional football clubs as a Sports Tutor and Coach. He has a degree in Sports Promotion and Marketing along with a PGCE in Lifelong Learning. He is now into his 4th year of teaching and specialises in Sports analysis. John is a keen footballer and has played at a semi-professional level for the last 9 years.
The Level 1 and Level 2 qualifications have been developed to give learners the opportunity to enter employment in the sport and active leisure industry, in particular sports coaching and development. Alternatively, many learners progress internally onto the next level study programme.

The Extended Diploma is equivalent to 3 A-Levels and progression into Higher Education in sports related degrees is an extremely common pathway for sports students, in particular sports science and physiotherapy.

Alternative opportunities include employment in the sports industry and scholarships abroad.

Performance related progression routes may include playing sport at an elite level including the opportunity to represent our partner clubs at first team level. Other performance opportunities include National College Representative teams.

For all the Post-16 qualifications, students can apply online via the website www.rucst.co.uk navigating to the APPLY NOW section.

Students can also apply via UCAS Progress, searching for Rotherham United Community Sports Trust.

Alternatively students can visit us at the New York Stadium or contact us on 01709 827767 or education@rotherhamunited.net.
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