



**ROTHERHAM UNITED
COMMUNITY
SPORTS TRUST**



YOUR MILLERS, YOUR COMMUNITY

COVID 19 – CHECKLIST

Please follow the guidance below when participating in any sessions delivered by Rotherham United Community Sports Trust



For activities involving under 16's only **ONE** parent/guardian is permitted to attend the session with the participant (no other siblings permitted) and must remain in sight of the activity.



For activities involving over-16s; no other accompanying adults are permitted to attend the session or enter the facility.



All participants and spectators must ensure they remain 2 metres away from other participants and members of staff at all times. Signs and floor markers are visible for guidance and must be followed.



Before taking part in any activity all participants must have read and signed a consent form acknowledging the contagious nature of COVID-19 and voluntarily assume the risk of attending the sessions.



Participants should try and bring their own equipment where possible (i.e. footballs). Sharing equipment must be kept to a minimum and strong hygiene practices should be in place before and after sessions.



Participants must wear appropriate clothing for outdoor activities as there will be no indoor space available. Participants must also bring their own refreshments, however bottles of water will be available to purchase.



Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.